

### 3. Angular momentum

#### 3.1 $SO(3)$ vs. $SU(2)$

We are interested in studying rotational symmetry group & its representations.

[group  $G$ : closed  $gh \in G$ , unit  $1 \cdot g = g$ , inverses  $g^{-1}g = gg^{-1} = 1$ , associative ( $fgh = f(gW)$ )]

What is rotational symmetry group?

Natural candidate:  $SO(3)$ , rotation group of  $\mathbb{R}^3$

$SO(3)$ :  $3 \times 3$  (special) orthogonal matrices

$$\begin{aligned} R^T R &= \mathbb{1} && \text{(preserve inner product } \vec{a} \cdot \vec{b}) \\ \det R &= 1 && \text{(preserve orientation)} \end{aligned}$$

Examples:

$$R_x(\theta) = \begin{pmatrix} 1 & 0 & 0 \\ 0 & \cos \theta & -\sin \theta \\ 0 & \sin \theta & \cos \theta \end{pmatrix}$$

$$R_z(\theta) = \begin{pmatrix} \cos \theta & -\sin \theta & 0 \\ \sin \theta & \cos \theta & 0 \\ 0 & 0 & 1 \end{pmatrix}$$

Can get any rotation in  $SO(3)$  by multiplying these.

Note:  $R_x(\alpha)R_z(\beta) \neq R_z(\beta)R_x(\alpha)$   
nonabelian group

Any rotation can be characterized by:

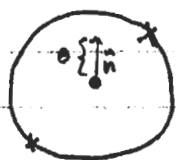
$\hat{n}$  axis of rotation  
 $\theta$  angle

$SO(3)$  is a 3-dimensional manifold (looks like  $\mathbb{R}^3$  locally)

Circle bundle over  $\mathbb{RP}^2$

A group which is a manifold is called a Lie group


Picture:



Ball in  $\mathbb{R}^3$  of radius  $\pi$ ,  
 identify  $(\hat{n}, \pi) \sim (-\hat{n}, \pi)$ .

Seems like this is rotational symmetry group.

BUT...

Consider neutron interferometer (PS 9, prob 4.)  interference region

In B field  $\vec{B} = B\hat{z}$ ,  
 neutron with magnetic moment  $\pm \frac{ge\hbar}{2mc}$  has coupling  
 ( $g \sim -1.91$ )

$$H = \frac{ge}{2mc} \vec{S} \cdot \vec{B}$$

$$= \omega S_z, \quad \omega = \frac{geB}{2mc}$$

So if at  $t=0$ , state is  $\chi(0) = \begin{pmatrix} c_+ \\ c_- \end{pmatrix}$  [ $c_+|+\rangle + c_-|-\rangle$ ]

At time  $t$ , state is

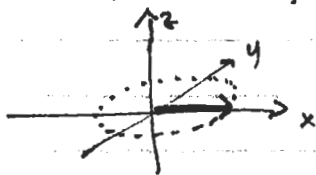
$$\chi(t) = e^{-\frac{iH}{\hbar}t} \chi(0) = \begin{pmatrix} e^{-\frac{i\omega t}{2}} c_+ \\ e^{\frac{i\omega t}{2}} c_- \end{pmatrix}$$

Describes precession of spin, with angular frequency  $\omega$ .

Ex. start in state with  $S_x = +\hbar/2$

$$\chi(0) = |S_x, +\rangle = \begin{pmatrix} 1/\sqrt{2} \\ 1/\sqrt{2} \end{pmatrix}$$

At time  $t$ ,  $\chi(t) = |S_x, +\rangle$ ,  $\hat{n} = \hat{x} \cos \omega t + \hat{y} \sin \omega t$   
up to a phase.



After time  $T_- = 2\pi/\omega$ ,

$$\chi(T_-) = \begin{pmatrix} -c_+ \\ -c_- \end{pmatrix} = -\chi(0) = -|S_x, +\rangle.$$

State has rotated once, again has  $S_x = +\hbar/2$ .

But appearance of phase (-) changes interference pattern!

To get successive maxima at same point,

$$\text{need } T_+ = \frac{4\pi}{\omega}$$

$$[\Delta B = \frac{4\pi \hbar c}{|e|g\lambda}]$$

This demonstrates that rotation by  $360^\circ$  is not always a trivial transformation.

~~¶~~

In  $SO(3)$ , rotation by  $2\pi$  cannot be deformed into a trivial transformation.



[Demo]

But rotation by  $4\pi$  can be.



[Demo]

[Technically,  $\pi_1(SO(3)) = \mathbb{Z}_2$ ]

This leads us to consider a "larger" group:  $SU(2)$ .

$SU(2)$ :  $2 \times 2$  (special) unitary matrices

$$U^\dagger U = \mathbb{1} \quad (\text{preserve inner product } \chi^\dagger \chi)$$

$$\det U = 1$$

General  $SU(2)$  matrix:

$$U = \begin{pmatrix} a & b \\ -b^* & a^* \end{pmatrix} \quad \begin{array}{l} a, b \in \mathbb{C} \\ \text{with } |a|^2 + |b|^2 = 1. \end{array}$$

$SU(2)$  is group describing rotations of an electron (spin  $1/2$ ) state.

Topologically,  $SU(2) \cong S^3$ , since  $|a|^2 + |b|^2 = 1$  describes a sphere in  $\mathbb{R}^4 = \mathbb{C}^2$ .

All loops in  $S^3$  are contractible, unlike in  $SO(3)$ .

Can map  $SU(2) \rightarrow SO(3)$  by group homomorphism  
 $\pm 1 \rightarrow 1$ .

write  $SO(3) = SU(2) / \mathbb{Z}_2$

For example,  $\begin{pmatrix} e^{i\alpha/2} & & & \\ & 0 & & \\ & & 0 & \\ & & & e^{-i\alpha/2} \end{pmatrix} \rightarrow \begin{pmatrix} \cos \alpha & -\sin \alpha & & 0 \\ \sin \alpha & \cos \alpha & & 0 \\ & & 0 & \\ & & & 1 \end{pmatrix}$

$SU(2)$  is simply connected, "universal covering group" of  $SO(3)$ .

### 3.2. Lie algebra & representations of $SU(2)$ .

We want to understand how symmetry group  $SU(2)$  works in QM.

Symmetry group acts through representations on  $\mathcal{H}$ .

$$\left[ \begin{array}{l} \text{representation } \mathcal{D}: \\ \mathcal{D}(g) : \mathcal{H} \rightarrow \mathcal{H} \quad \text{linear map } \forall g \\ \mathcal{D}(1) = \mathbb{1} \\ \mathcal{D}(gh) = \mathcal{D}(g)\mathcal{D}(h) \end{array} \right]$$

To understand representations of a Lie group, consider Lie Algebra

Associated with a Lie group  $G$  is a Lie algebra  $\mathfrak{g}$ ,  
of infinitesimal elements of  $G$ .

For example,  $\mathfrak{L} \simeq \text{SO}(3)$

$\mathbb{1} + \varepsilon A$  is orthogonal if (working to order  $\varepsilon$ )

$$(\mathbb{1} + \varepsilon A)(\mathbb{1} + \varepsilon A^T) = \mathbb{1} + \varepsilon(A + A^T) = \mathbb{1},$$

$$\text{so } A = -A^T.$$

Basis of Lie algebra  $\mathfrak{L} \simeq \text{SO}(3)$  given by

$$K_x = \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & -1 \\ 0 & 1 & 0 \end{pmatrix}$$

$$K_y = \begin{pmatrix} 0 & 0 & 1 \\ 0 & 0 & 0 \\ -1 & 0 & 0 \end{pmatrix}$$

$$K_z = \begin{pmatrix} 0 & 1 & 0 \\ -1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}.$$

For QM, want Hermitian operators, so write

$$J_x = i\hbar K_x.$$

[Note: will change basis later  
so  $J_x$  is diagonal.]

Lie algebra defined by  $[A, B]$ ;  $J_i$  are generators of algebra.  
on space spanned by  $J_i$

Properties:  
of a general  
Lie algebra

i) closed  $[J_i, J_j] = i f_{ijk} \hbar J_k$   
ii) linear in  $A, B$  ↑ structure constants

iii)  $[A, B] = -[B, A]$

iv)  $[[A, B], C] + [[B, C], A] + [[C, A], B] = 0$  (Jacobi)

Same algebra for  $\text{SO}(3), \text{SU}(2)$ :  $f_{ijk} = \varepsilon_{ijk}$

$$[J_i, J_j] = i \varepsilon_{ijk} \hbar J_k$$

$$[S_i, S_j] = i \varepsilon_{ijk} \hbar S_k. \quad (S_i = \frac{\hbar}{2} \sigma_i)$$

Any element of  $SU(2)$  or  $SO(3)$  can be written as

$$g = e^{-\frac{i}{\hbar} \left( \frac{\phi}{j} \cdot \hat{n} \right) \cdot \phi}$$

for  $g =$  rotation by  $\phi$  about  $\hat{n}$ .

when  $\phi = 2\pi$ ,  $g = 1$  in  $SO(3)$ ,  
 $g = -1$  in  $SU(2)$ .

Representations of <sup>alge</sup> algebras:

$$\begin{aligned} \mathcal{D}(k) : \mathcal{H} &\rightarrow \mathcal{H} & \forall k \in \mathfrak{g}, \mathcal{D} \text{ linear in } k. \\ \mathcal{D}(0) &= \mathcal{I} \\ \mathcal{D}([k, \ell]) &= [\mathcal{D}(k), \mathcal{D}(\ell)] \end{aligned}$$

To each representation of the group, there is a corresponding representation of the algebra (but not necessarily vice-versa if gp not simply connected.)

Classify representations of group by representations of the algebra.

Representations of

$SU(2)$  algebra:

$$[J_i, J_j] = i\hbar \epsilon_{ijk} J_k.$$

[Notation:  
 write  $J_i = \mathcal{D}[\sigma_i]$   
 on general rep. space  $\mathcal{H}$ ]

Define

$$\begin{aligned} J^2 &= J_x^2 + J_y^2 + J_z^2 \\ J_{\pm} &= J_x \pm i J_y. \end{aligned}$$

Can show:

$$\begin{aligned} [J^2, J_i] &= 0 \\ [J_z, J_{\pm}] &= \pm \hbar J_{\pm} \\ [J_+, J_-] &= 2\hbar J_z \end{aligned}$$

and

$$J^2 = J_z^2 + \frac{1}{2}(J_+ J_- + J_- J_+) = J_z^2 + J_- J_+ + \hbar J_z$$

with  $J_{\pm}^{\dagger} = J_{\mp}$

Can simultaneously diagonalize  $J^2, J_{\pm}$ .

write

$$J^2 |a, b\rangle = a |a, b\rangle$$

$$J_{\pm} |a, b\rangle = b |a, b\rangle$$

What values of  $a, b$  are allowed?

$$\langle a, b | \underbrace{J^2}_{a^2} |a, b\rangle = \langle a, b | \underbrace{J_{\pm}^2}_{b^2} + \frac{1}{2} (\underbrace{J_+ J_-}_{20} + \underbrace{J_- J_+}_{20}) |a, b\rangle$$

$$\Rightarrow a \geq b^2$$

compare

$$[J_{\pm}, J_{\pm}] = \pm \hbar J_{\pm}$$

$$[N, a^{\dagger}] = \pm \hbar a^{\dagger}$$

so  $J_{\pm}$  are raising/lowering operators for  $J_{\pm}$ .

$$J_{\pm} (J_{\pm} |a, b\rangle) = (b \pm \hbar) (J_{\pm} |a, b\rangle).$$

but  $[J^2, J_{\pm}] = 0$ , so

$$J_{\pm} |a, b\rangle = C_{\pm}^{(a,b)} |a, b \pm \hbar\rangle$$

Since  $a \geq b^2$ , there must be a maximum  $b$  which can be reached for a fixed  $a$ . Call this  $b_{\max} = \hbar j$ .

Then

$$\langle a, b | J_- J_+ |a, b\rangle = \langle a, b | J^2 - J_z^2 - \hbar J_z |a, b\rangle$$

$$|C_+(a, b)|^2 = a - b^2 - \hbar b$$

This must vanish for  $b_{\max} = \hbar j$ , so  $a = \hbar^2 j(j+1)$ .



Angular momentum: So far

- Considered groups  $SO(3)$  &  $SU(2)$ .

In  $SO(3)$ , rotation by  $2\pi \rightarrow 1$

"  $SU(2)$  " " "  $\rightarrow -1$

in physics, sometimes " " "  $\rightarrow -1$  (neutron interferometry)

Conclude:  $SU(2)$  is more fundamental for physics  
(can map  $\pm 1 \rightarrow 1$ , not other way around).

- Want to understand representations  $\mathcal{D}(g): \mathcal{H} \rightarrow \mathcal{H}$  of  $SU(2)$ .  
Simplest to work with algebra.

$$\begin{aligned} & 1 + i\epsilon A \text{ in } SU(2) \text{ if} \\ & (1 + i\epsilon A)(1 - i\epsilon A^\dagger) = 1 + \mathcal{O}(\epsilon^2) \\ & \Rightarrow A = A^\dagger. \end{aligned}$$

Basis for  $2 \times 2$  Hermitian matrices:

$$S_i = \frac{1}{2} \sigma_i$$

Near  $\mathbb{1}$ , structure of group contained in algebra structure

$$[S_i, S_j] = i\epsilon_{ijk} S_k$$

Want to find representation of algebra

$$J_i = \mathcal{D}(S_i) : \mathcal{H} \rightarrow \mathcal{H},$$

$$\text{so } [J_i, J_j] = i\hbar \epsilon_{ijk} J_k$$

Last time: constructed all irreducible representations of  $SU(2)$

Similarly, must be a  $b_{\min}$  which can be reached by acting with  $J_-$ .

$$|C-(a,b)|^2 = a - b^2 + kb$$

so  $b_{\min} = -b_{\max}$ .

It follows that  $2b_{\max} = \hbar k$ , so  $j = \hbar/2$  is half-integral.

For each  $\hbar = 2j, j \in \mathbb{Z}$ , we have constructed an irreducible  $n$ -dimensional representation of the  $\mathfrak{su}(2)$  algebra.  $[J_i, J_j] = i\hbar \epsilon_{ijk} J_k$

$$\mathcal{H}_j \text{ spanned by } \{ |j, m\rangle, m = -j, -j+1, \dots, j-1, j \}$$

$$J^2 |j, m\rangle = \hbar^2 j(j+1) |j, m\rangle \quad J_z |j, m\rangle = m\hbar |j, m\rangle$$

$$J_+ |j, j\rangle = J_- |j, -j\rangle = 0$$

$$J_{\pm} |j, m\rangle = \sqrt{(j \mp m)(j \pm m + 1)} \hbar |j, m \pm 1\rangle.$$

(Irreducible representation: no linear subspace is closed under the action of all  $J_i$ 's.)

Can use representations of algebra to get group representation through

$$D_{m'm}^{(j)}(g) = \langle j, m' | e^{-\frac{i}{\hbar}(\vec{J} \cdot \hat{n})\phi} |j, m\rangle, \quad g = e^{-\frac{i}{\hbar}(\vec{J} \cdot \hat{n})\phi}$$

$D_{m'm}^{(j)}(g)$  are Wigner functions on group  $G$ .

Theorem: dim. a irrep is unique up to unitary isomorphism.

Today: specific representations, spherical harmonics.

First: comments.

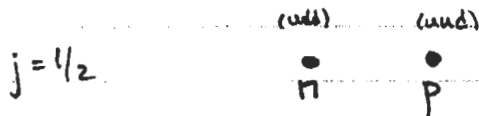
~~Group theory~~

Lie groups & representation theory:

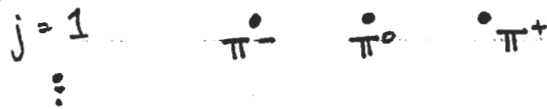
19th century mathematics (Lie, Cartan, etc)

Became important for physics in 50's.  
particle

"Isotopic spin" (isospin): (almost) symmetry of p, n in fundamental representation of SU(2).

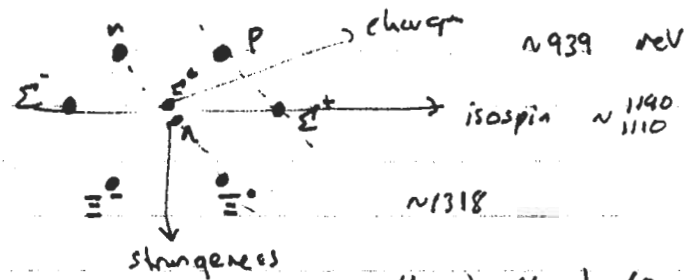


other multiplets



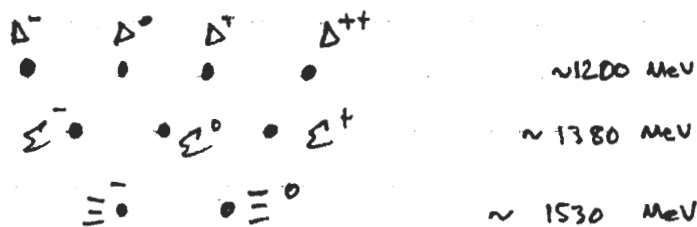
Suggested in 50's: strange particles included by extending to SU(3)  
(with strangeness connections)

Basic multiplet of SU(3):  
(octet)  
 $J^P = \frac{1}{2}^+$



axes ~ generalizations of  $J_z$  ( $^{-1} 0$ ), ( $^0 1$ ), ( $^0 -1$ )

Decuplet:  
( $J^P = \frac{3}{2}^+$ )



$\Omega^-$  (1672) → predicted by group theory 3 years before discovery!

Georgi: Lie algebras in particle physics

SU(2):

Specific representations,  $j =$  "spin" of representation

$j=0$ : only state is  $|j,m\rangle = |0,0\rangle$

$$J^2 |0,0\rangle = J_{\pm} |0,0\rangle = J_z |0,0\rangle = 0.$$

action of any group element is trivial  $\mathcal{D}^{(0)}(g) |0,0\rangle = |0,0\rangle.$

$j=1/2$  (spin-1/2 system)

States  $|j,m\rangle = |1/2, \pm 1/2\rangle$ . (previously,  $|\pm\rangle$  or  $|S_z; \pm\rangle$ .)

$$J_i = S_i = \frac{\hbar}{2} \sigma_i, \quad J_+ = \hbar \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix}, \quad J_- = \hbar \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix}$$

$$\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \quad \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$$

$$\mathcal{D}^{(1/2)}(\hat{n}, \phi) = \exp[-i(\hat{n} \cdot \vec{\sigma}) \phi/2] = \left(\cos \frac{\phi}{2}\right) \mathbb{1} + i \sin \frac{\phi}{2} (\hat{n} \cdot \vec{\sigma}).$$

as discussed in earlier lectures.

[This gives background for examples previously described].

$j=1$ : (spin 1)

States  $|1,1\rangle, |1,0\rangle, |1,-1\rangle.$

$$J_z = \hbar \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{pmatrix}, \quad J_+ = \hbar \begin{pmatrix} 0 & \sqrt{2} & 0 \\ 0 & 0 & \sqrt{2} \\ 0 & 0 & 0 \end{pmatrix}, \quad J_- = \hbar \begin{pmatrix} 0 & 0 & 0 \\ \sqrt{2} & 0 & 0 \\ 0 & \sqrt{2} & 0 \end{pmatrix}$$

$$J_x = \frac{\hbar}{\sqrt{2}} \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix}, \quad J_y = \frac{\hbar}{\sqrt{2}} \begin{pmatrix} 0 & -i & 0 \\ i & 0 & -i \\ 0 & i & 0 \end{pmatrix}$$

Note: looks different from  $J_i = i\hbar K_i$  above,  
 since in this basis  $J_z$  is diagonal. Otherwise, just  
 related by orthogonal change of basis.

- For general  $j$ , if  $j \in \mathbb{Z}$ , representation of  $SO(3)$  since  $e^{-i\frac{1}{2}2\pi J_i} = \mathbb{1}$ ,  
 if  $j + \frac{1}{2} \in \mathbb{Z}$ ,  $e^{-i\frac{1}{2}2\pi J_i} = -\mathbb{1}$ , not a rep. of  $SO(3)$ .

### 3.3 Spherical harmonics

Consider functions on  $S^2 = \{x, y, z : x^2 + y^2 + z^2 = 1\}$ ,  
 (parameterized by  $\theta, \phi$ .)

An  $SO(3)$  rotation gives a linear transformation on the  
 set of functions on  $S^2$ . The set of homogeneous  
 polynomials of degree  $N$  <sup>(in  $x, y, z$ )</sup> is invariant under  $SO(3)$   
 & must form a representation of  $SO(3)$ , hence of  $SU(2)$ .  
 (with  $j \in \mathbb{Z}$ )

Counting functions:

		<u>total</u>
constant :	1	1
linear :	$x, y, z$	3
quadratic :	$x^2, y^2, z^2, xy, yz, zx$	$6 = 5 + 1$ from $x^2 + y^2 + z^2$

Total # of independent polynomials of degree  $N$ :

$$\sum_{\substack{k \text{ odd} \\ k=1}}^{2N+1} k = (N+1)^2$$

Theorem:

At degree  $N$ , acquire  $2N+1$  polynomials living in  
 a  $\text{spin } j=N$  <sup>(irreducible)</sup> representation.

Associated eigenfunctions of  $J^2, J_z$ :  $Y_{\ell m}(\theta, \phi)$

Can explicitly construct  $Y_{lm}(\theta, \phi)$  from <sup>group</sup> representation theory.

Defining  $\vec{L} = \vec{r} \times \vec{p}$ , generators of  $so(3)$

$$L^i = -i\hbar \epsilon_{ijk} X^j \frac{\partial}{\partial X^k}$$

have

$$\begin{aligned} L_z &= \hbar/i \frac{\partial}{\partial \phi} \\ L_{\pm} &= \hbar e^{\pm i\phi} \left( i \cot \theta \frac{\partial}{\partial \phi} \pm \frac{\partial}{\partial \theta} \right) \\ L^2 &= -\hbar^2 \left[ \csc^2 \theta \frac{\partial^2}{\partial \phi^2} + \frac{1}{\sin \theta} \frac{\partial}{\partial \theta} (\sin \theta \frac{\partial}{\partial \theta}) \right]. \end{aligned}$$

Looking for functions solving

$$\begin{aligned} L^2 Y_{lm}(\theta, \phi) &= \hbar^2 l(l+1) Y_{lm}(\theta, \phi) \\ L_z Y_{lm}(\theta, \phi) &= \hbar m Y_{lm}(\theta, \phi). \end{aligned}$$

From  $L_z$  clearly  $Y_{lm}(\theta, \phi) = e^{im\phi} P_{lm}(\theta)$  (prop. to assoc. Legendre poly's)

$$L_+ Y_{l, l}(\theta, \phi) = \hbar e^{i(l+1)\phi} \left[ -l \cot \theta + \frac{\partial}{\partial \theta} \right] P_{l, l}(\theta) = 0$$

$$\Rightarrow P_{l, l} = \text{const.} (\sin \theta)^l$$

$$\text{so } Y_{l, l} = c_l e^{im\phi} (\sin \theta)^l$$

$$\text{Normalization } \int_0^{2\pi} d\phi \int_0^\pi \sin \theta d\theta |Y_{lm}(\theta, \phi)|^2 = 1$$

$$\Rightarrow c_l = \frac{(-1)^l}{2^l l!} \sqrt{\frac{(2l+1)(2l)!}{4\pi}} \quad [\text{sign by convention}]$$

Generate  $Y_{lm}$  by acting with  $L_-$ .

$$Y_{lm}(\theta, \phi) = \frac{(-1)^l}{2^l l!} \sqrt{\frac{(2l+1)(l+m)!}{4\pi(l-m)!}} e^{im\phi} \frac{1}{\sin^m \theta} \frac{d^{l-m}}{d(\cos \theta)^{l-m}} (\sin \theta)^{2l}$$

Exs:  $Y_{00} = \frac{1}{\sqrt{4\pi}}$  (constant)

$$Y_{11} = -\sqrt{\frac{3}{8\pi}} e^{i\phi} \sin\theta = -\sqrt{\frac{3}{8\pi}} [x + iy]$$

$$\begin{aligned} Y_{10} &= \frac{1}{\sqrt{2}} e^{-i\phi} (i(\cos\theta) + 1 - \cos\theta) \left(-\sqrt{\frac{3}{8\pi}} e^{i\phi}\right) \\ &= \sqrt{\frac{3}{4\pi}} \cos\theta = \sqrt{\frac{3}{4\pi}} [z] \end{aligned}$$

$$Y_{1-1} = \frac{1}{\sqrt{2}} e^{-i\phi} \cdot \sqrt{\frac{3}{4\pi}} \sin\theta = \sqrt{\frac{3}{8\pi}} e^{-i\phi} \sin\theta = \sqrt{\frac{3}{8\pi}} [x - iy]$$

$l=2$ : Homework.

Functions on  $S^2$  spanned by  $|l, m\rangle$ ,

$$Y_{lm}(\theta, \phi) = \langle \theta, \phi | l, m \rangle$$

Completeness: 
$$\sum_{l=0}^{\infty} \sum_{m=-l}^l Y_{lm}(\theta, \phi) Y_{lm}^*(\theta', \phi') = \frac{\delta(\theta - \theta') \delta(\phi - \phi')}{\sin\theta}$$

$$\int d\Omega Y_{lm}^*(\theta, \phi) Y_{l'm'}(\theta, \phi) = \delta_{ll'} \delta_{mm'}$$

Application of spherical harmonics: separation of variables.

If  $V(r)$  is spherically symmetric,  $H\psi = E\psi$

for  $H = \frac{p^2}{2m} + V(r)$   
 solutions are of form  $\psi_{Elm} = \frac{u_{El}(r)}{r} Y_{lm}(\theta, \phi)$

where  $\left[ -\frac{\hbar^2}{2m} \frac{d^2}{dr^2} + \left[ \frac{\hbar^2 l(l+1)}{2m r^2} + V(r) \right] \right] u_{El}(r) = E u_{El}(r)$

— reduces to 1D problem with new potential (HW)

### 3.4 Addition of angular momenta

#### Reducible representations

A representation  $\mathcal{D}$  of an algebra  $\mathcal{G}$ ,  $\mathcal{D}(K): \mathcal{H} \rightarrow \mathcal{H} \quad \forall K \in \mathcal{G}$   
 is reducible if

$$\mathcal{H} = \mathcal{H}_1 \oplus \mathcal{H}_2,$$

where

$$\begin{aligned} \mathcal{D}(K) &= \mathcal{D}_1(K) \oplus \mathcal{D}_2(K), \\ \mathcal{D}_1(K) &: \mathcal{H}_1 \rightarrow \mathcal{H}_1, \\ \mathcal{D}_2(K) &: \mathcal{H}_2 \rightarrow \mathcal{H}_2 \end{aligned} \quad \forall K \in \mathcal{G}$$

i.e.,  $\mathcal{D}(K)$  is block-diagonal  $\forall K$ .

$$\begin{pmatrix} \mathcal{D}_1 & \vdots & 0 \\ \vdots & \ddots & \vdots \\ 0 & \vdots & \mathcal{D}_2 \end{pmatrix}$$

The representation is irreducible if this is not possible.

Spin  $j$  reps are all irreducible representations of  $SU(2)$ .  
 Any other representation is a direct sum of irreps.

$$\mathcal{H} = \mathcal{H}_{j_1} \oplus \mathcal{H}_{j_2} \oplus \mathcal{H}_{j_3} \oplus \dots$$

Question: Given two systems, one ( $\mathcal{H}_1$ ) with spin  $j_1$ ,  
 the other ( $\mathcal{H}_2$ ) with spin  $j_2$ , how can we classify  
 angular momentum of the combined system [recall tensor product spaces]

$$\mathcal{H} = \mathcal{H}_1 \otimes \mathcal{H}_2$$

One basis:  $|m_1, m_2\rangle = |j_1, m_1\rangle \otimes |j_2, m_2\rangle.$



Total angular momentum is given by

$$\vec{J}_i = \vec{J}_i^{(1)} + \vec{J}_i^{(2)} \quad [ = \vec{J}_i^{(1)} \otimes \mathbb{1} + \mathbb{1} \otimes \vec{J}_i^{(2)} ]$$

$$J^2 = J_{(1)}^2 + J_{(2)}^2 + 2\vec{J}_{(1)} \cdot \vec{J}_{(2)}.$$

Now,  $[J^2, J_z^{(i)}] \neq 0,$

so  $J^2$  not a good quantum number in basis  $|j_1, m_1; j_2, m_2\rangle$

For total system, want to diagonalize  $J^2, J_z$ .  
use total  $j, m$  as quantum numbers.

What are possible values of  $j, m$  given  $j_1, j_2$ ?

Example: two spin- $1/2$  particles ( $j_1 = j_2 = 1/2$ )

States &  $J_z$  eigenvalues ( $m = m_1 + m_2$ )

states	$m$
$ ++\rangle$	1
$ +-\rangle \quad  -+\rangle$	0
$ --\rangle$	-1

Clearly, quantum numbers are those of

one spin-1 multiplet ( $m = -1, 0, 1$ )  
one spin 0 multiplet ( $m = 0$ )

So another basis is  $|j, m\rangle = |1, 1\rangle, |1, 0\rangle, |1, -1\rangle, |0, 0\rangle.$

What are coefficients for a change of basis

$$\langle j, m | m_1, m_2 \rangle \quad \left( \begin{array}{l} \text{given } j_1, j_2: \text{ often written as} \\ \langle j_1, j_1, j_2, m | j_1, m_1; j_2, m_2 \rangle \\ \langle j_1, j_2; j, m | j_1, j_2; m_1, m_2 \rangle \\ \text{(book)} \end{array} \right)$$

### Clebsch-Gordan coefficients

Can calculate by recursion, using  $J_-$ .

Clearly  $|j=1, m=1\rangle = |++\rangle$  (up to sign)

$$\begin{aligned} J_- |1, 1\rangle &= \hbar\sqrt{2} |1, 0\rangle \\ &= (J_-^{(1)} + J_-^{(2)}) |++\rangle \\ &= \hbar(|+-\rangle + |-+\rangle) \end{aligned}$$

so  $|1, 0\rangle = \frac{1}{\sqrt{2}}(|+-\rangle + |-+\rangle)$

$$\begin{aligned} J_- |1, 0\rangle &= \hbar\sqrt{2} |1, -1\rangle \\ &= (J_-^{(1)} + J_-^{(2)}) \frac{1}{\sqrt{2}}(|+-\rangle + |-+\rangle) \\ &= \hbar\sqrt{2} |--\rangle \end{aligned}$$

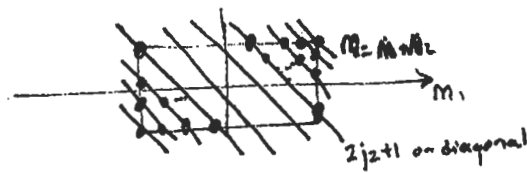
so  $|1, -1\rangle = |--\rangle$

By orthogonality,

$$|0, 0\rangle = \frac{1}{\sqrt{2}}(|+-\rangle - |-+\rangle) \quad \left[ \begin{array}{l} \text{up to conventional} \\ \text{sign / phase} \end{array} \right]$$

Check:

$$\begin{aligned} J_z |0, 0\rangle &= 0 \\ J^2 |0, 0\rangle &= (J_{(1)}^2 + J_{(2)}^2 + 2\vec{J}_{(1)} \cdot \vec{J}_{(2)}) \frac{1}{\sqrt{2}}(|+-\rangle - |-+\rangle) \\ &= \left( \frac{3}{4}\hbar^2 + \frac{3}{4}\hbar^2 - \frac{1}{2}\hbar^2 \right) \frac{1}{\sqrt{2}}(|+-\rangle - |-+\rangle) = 0 \end{aligned}$$



Generally, add spin  $j_1$ , spin  $j_2$  - assume  $j_1 \geq j_2$  wlog.  
 Diagonalize in  $M = M_1 + M_2$

$M$	# states	States
$j_1 + j_2$	1	$ M_1 = j_1, M_2 = j_2\rangle$
$j_1 + j_2 - 1$	2	$ j_1, j_2 - 1\rangle,  j_1 - 1, j_2\rangle$
$j_1 + j_2 - 2$	3	$ j_1, j_2 - 2\rangle,  j_1 - 1, j_2 - 1\rangle,  j_1 - 2, j_2\rangle$
$\vdots$		
$j_1 - j_2$	$2j_2 + 1$	$ j_1, -j_2\rangle, \dots,  j_1 - 2j_2, j_2\rangle$
$\vdots$	$(2j_2 + 1)$	
$j_2 - j_1$	$2j_2 + 1$	$ 2j_2 - j_1, -j_2\rangle \dots   -j_1, j_2\rangle$
$j_2 - j_1 - 1$	$2j_2$	$ 2j_2 - j_1 - 1, -j_2\rangle \dots   -j_1, j_2 - 1\rangle$
$\vdots$		
$-j_1 - j_2 + 1$	2	$  -j_1 + 1, -j_2\rangle,   -j_1, -j_2 + 1\rangle$
$-j_1 - j_2$	1	$  -j_1, -j_2\rangle$

Gives all states associated with one spin  $j$  multiplet for each  $j: |j_1 - j_2| \leq j \leq j_1 + j_2$

Counting # of states  $(j_1, j_2)$

$$\sum_{j=|j_1-j_2|}^{j_1+j_2} 2j+1 = (j_1+j_2+1)^2 - (j_1-j_2)^2$$

$$= (2j_1+1)(2j_2+1) \quad \checkmark$$

Can calculate all Clebsch's  $\langle j, m | j_1, m_1; j_2, m_2 \rangle$  using  $J_-$ 's recursively as before.

First set  $|j = j_1 + j_2, m = j_1 + j_2\rangle = |j_1, m_1 = j_1; j_2, m_2 = j_2\rangle$   
 Construct  $|j_1 + j_2, m\rangle$  using  $J_-$ ,  
 $|j_1 + j_2 - 1, j_1 + j_2 - 1\rangle$  using orthog.  
 $|j_1 + j_2 - 1, m\rangle$  using  $J_-$ , etc...

Generally,

$$\langle j, m | j_1, m_1; j_2, m_2 \rangle = 0$$

unless  $m = m_1 + m_2$ ,  $|j_1 - j_2| \leq j \leq j_1 + j_2$ .

Another useful example:  $j_1 = l$ ,  $j_2 = 1/2$

(spin- $1/2$  particle with orbital angular momentum)

Expect

$$|j = l + 1/2, m = 1/2 + m_1\rangle = \alpha |m_1, 1/2\rangle + \beta |m_1 + 1, -1/2\rangle$$

act with  $J^2/\hbar^2$

$$(l + 1/2)(l + 3/2) [\alpha |m_1, 1/2\rangle + \beta |m_1 + 1, -1/2\rangle]$$

$$= (L^2 + S^2 + 2L_z S_z + L_+ S_- + L_- S_+) [\alpha |m_1, 1/2\rangle + \beta |m_1 + 1, -1/2\rangle]$$

$$= \left[ \alpha \left[ l(l+1) + \frac{3}{4} + m_1 \right] + \beta \sqrt{l(l+1) - m_1(m_1+1)} \right] |m_1, 1/2\rangle$$

$$+ \left[ \dots \right] |m_1 + 1, -1/2\rangle$$

$$\Rightarrow \alpha(l - m_1) = \beta \sqrt{(l + m_1 + 1)(l - m_1)} \quad \left[ \begin{array}{l} \text{from } |m_1, 1/2\rangle \\ \text{or } |m_1 + 1, -1/2\rangle \end{array} \right]$$

$$\text{so } \frac{\alpha}{\beta} = \sqrt{\frac{l + m_1 + 1}{l - m_1}}$$

$$\text{Normalization: } \alpha^2 + \beta^2 = 1 \Rightarrow \alpha = \sqrt{\frac{l + m_1 + 1}{2l + 1}} \quad \beta = \sqrt{\frac{l - m_1}{2l + 1}}$$

$$\text{so } |j = l + 1/2, m = m_1 + 1/2\rangle = \sqrt{\frac{l + m_1 + 1}{2l + 1}} |m_1, 1/2\rangle + \sqrt{\frac{l - m_1}{2l + 1}} |m_1 + 1, -1/2\rangle$$

$$= \sqrt{\frac{l + m_1 + 1}{2l + 1}} Y_{lm} |+\rangle + \sqrt{\frac{l - m_1}{2l + 1}} Y_{l, m_1 + 1} |-\rangle$$

$$|j = l - 1/2, m = m_1 + 1/2\rangle = -\sqrt{\frac{l + m_1 + 1}{2l + 1}} |m_1 + 1, -1/2\rangle + \sqrt{\frac{l - m_1}{2l + 1}} |m_1, 1/2\rangle$$

by orthogonality.

Last time: discussed Clebsch-Gordan coefficients  
 $\langle j_1 m_1 j_2 m_2 | j m \rangle$

Given  $\mathcal{H}_{j_1} \otimes \mathcal{H}_{j_2}$ . CG coeffs give transformation  
 between bases

$|j, m\rangle$  eigenvectors of  $J^2, J_z$   
 $|j_1 m_1 j_2 m_2\rangle$  eigenvectors of  $J_1^2, J_{1z}, J_2^2, J_{2z}$

$$\mathcal{D}^{(j_1)} \otimes \mathcal{D}^{(j_2)} = \mathcal{D}^{(j_1+j_2)} \oplus \mathcal{D}^{(j_1+j_2-1)} \oplus \dots \oplus \mathcal{D}^{(|j_1-j_2|)}$$

$$\begin{aligned} \mathcal{D}_{m_1 m_1'}^{(j_1)}(R) \mathcal{D}_{m_2 m_2'}^{(j_2)}(R) &= \langle j_1 m_1 j_2 m_2 | \mathcal{D}(R) | j_1 m_1' j_2 m_2' \rangle \\ &= \sum_{j, m, m'} \langle j_1 m_1 j_2 m_2 | j, m \rangle \mathcal{D}_{m m'}^{(j)} \langle j, m' | j_1 m_1' j_2 m_2' \rangle \quad (*) \end{aligned}$$

Showed how to compute  $\langle j_1 m_1 j_2 m_2 | j, m \rangle$  recursively.

Closed form expression (Racah, etc)

$$\langle j_1 m_1 j_2 m_2 | j, m \rangle = \delta_{m_1+m_2, m} \sqrt{2j+1} \left[ \frac{(j_1+j_2-j)! (j_1-j_2+j)! (-j_1+j_2+j)!}{(j_1+j_2+j+1)!} \right]^{1/2} \times$$

$$\left[ \frac{(j_1+m_1)! (j_1-m_1)! (j_2+m_2)! (j_2-m_2)! (j+m)! (j-m)!}{1} \right]^{1/2} \times$$

$$\sum_n \frac{n! (j_1+j_2-j-n)! (j_1-m_1-n)! (j_2+m_2-n)! (j-j_2+m_1+n)! (j-j_1-m_2+n)!}{1}$$

(Sum over all integers  $n$  so all  $!$ 's are nonnegative.)

Note: all CG's are real

Note: symm under perm of  $(j_1, m_1), (j_2, m_2), (j, m)$  up to sign

$$= \sqrt{2j+1} (-1)^{j_1+j_2-m} \begin{pmatrix} j_1 & j_2 & j \\ m_1 & m_2 & m \end{pmatrix} \quad \text{"3j" symbol}$$

### 3.5 Tensor operators & the Wigner-Eckart theorem

So far we have discussed how states transform under rotations.  
Now useful to discuss "operators" " " " " " "

Classically, a vector  $V^i$  transforms under rotations as

$$V^i \rightarrow R^i_j V^j \quad \text{(Ex. position } r^i \text{)} \\ \text{(summation convention)}$$

An  $n$ -tensor  $T^{i_1 \dots i_n}$  transforms as

$$T^{i_1 \dots i_n} \rightarrow R^{i_1}_{j_1} R^{i_2}_{j_2} \dots R^{i_n}_{j_n} T^{j_1 \dots j_n}$$

Ex. dyadic  $r^i r^j$ , as in inertia tensor

$$A^{ij} = \int d^3r \rho(r) [r^2 \delta^{ij} - r^i r^j]$$

Expect similar behavior for quantum operators, expectation values

$$|\alpha\rangle \rightarrow \mathcal{D}(R) |\alpha\rangle$$

$$\langle \alpha | V^i | \alpha \rangle \rightarrow \langle \alpha | \mathcal{D}^\dagger(R) V^i \mathcal{D}(R) | \alpha \rangle \\ = R^i_j \langle \alpha | V^j | \alpha \rangle$$

$$\text{for any } |\alpha\rangle \Rightarrow \boxed{\mathcal{D}^\dagger(R) V^i \mathcal{D}(R) = R^i_j V^j}$$

this equation defines a vector operator

Infinitesimal version:

$$[V^i, J^j] = i\hbar \epsilon^{ijk} V_k$$

(no matter what representation  $J$  is in.)

Exs.  $V^i = x^i, p_i$

$$\left[ \begin{array}{l} \text{From } L_z = x p_y - y p_x, \\ [x, L_z] = -i\hbar y \\ [p_x, L_z] = -i\hbar p_y, \dots \end{array} \right]$$

For higher rank tensors more complicated.

For example, dyadic  $U^i V^j$  (cartesian tensor) has 3 parts (xforms as  $\mathcal{H}_{1,1} \otimes \mathcal{H}_{1,1}$ )

$$\begin{array}{ll} (U \cdot V) \delta^{ij} & \text{xforms as scalar (spin 0) - 1 component} \\ U^i V^j - U^j V^i & \text{xforms as vector } U \times V \text{ (spin 1) - 3 components} \\ \frac{1}{2}(U^i V^j + U^j V^i) - \frac{1}{3} U \cdot V \delta^{ij} & \text{xforms as symmetric traceless mtr (spin 2) - 5 components} \end{array}$$

Can see decomposition of  $j_1 = 1, j_2 = 1 \rightarrow j = 0, 1, 2$   
 $3 \cdot 3 = 9 = 1 + 3 + 5$ .

More generally, spherical tensors

Irreducible spherical tensor  $T_q^{(k)}$  is a tensor operator of rank  $k$  with  $2k+1$  components  $q = -k, -k+1, \dots, k$  such that

$$\begin{array}{l} \mathcal{D}(R^{-1}) T_q^{(k)} \mathcal{D}(R) = \sum_{q'=-k}^k \mathcal{D}_{qq'}^{(k)*}(R) T_{q'}^{(k)} \\ \mathcal{D}(R) T_q^{(k)} \mathcal{D}^\dagger(R) = \sum_{q'=-k}^k \mathcal{D}_{q'q}^{(k)}(R) T_{q'}^{(k)} \end{array}$$

$\downarrow R \rightarrow R^{-1}$

Infinitesimally,

$$\begin{aligned} [J_z, T_q^{(k)}] &= kq T_q^{(k)} \\ [J_{\pm}, T_q^{(k)}] &= \hbar \sqrt{(k \mp q)(k \pm q + 1)} T_{q \pm 1}^{(k)} \end{aligned}$$

Exs. explicit construction of spherical tensors from vector operators

Recall  $Y_{lm}$  is a function of  $\hat{A} = (x, y, z) \in S^2 = \{(x, y, z) : x^2 + y^2 + z^2 = 1\}$

$$\text{Take } Y_{lm}(x, y, z) \rightarrow T_q^{(k)} = Y_{kq}(V_x, V_y, V_z)$$

gives spherical tensor

$$\text{Ex. } T_0^{(1)} = \sqrt{\frac{3}{4\pi}} V_z$$

$$T_{\pm 1}^{(1)} = \sqrt{\frac{3}{4\pi}} \left( \mp \frac{V_x \pm iV_y}{\sqrt{2}} \right).$$

Spherical tensors combine just like kets to form higher-spin & lower-spin tensors.

Theorem: If  $X_{q_1}^{(k_1)}, Z_{q_2}^{(k_2)}$  are irreducible spherical tensors of rank  $k_1, k_2$  then

$$T_q^{(k)} = \sum_{q_1, q_2} \langle k_1, q_1; k_2, q_2 | k, q \rangle X_{q_1}^{(k_1)} Z_{q_2}^{(k_2)}$$

is an irreducible rank  $k$  spherical tensor.



Proof

$$\begin{aligned}
 \mathcal{D}(R) T_q^{(k)} \mathcal{D}^\dagger(R) &= \sum_{q_1, q_2} \langle k_1, q_1; k_2, q_2 | k, q \rangle \underbrace{\left[ \mathcal{D}(R) X_{q_1}^{(k_1)} \mathcal{D}^\dagger(R) \right]}_{\mathcal{D}_{q_1 p_1}^{(k_1)} X_{p_1}^{(k_1)}} \underbrace{\left[ \mathcal{D}(R) Z_{q_2}^{(k_2)} \mathcal{D}^\dagger(R) \right]}_{\mathcal{D}_{q_2 p_2}^{(k_2)} Z_{p_2}^{(k_2)}} \\
 &= \sum_P \mathcal{D}_{qP}^{(k)} \langle k_1, p_1; k_2, p_2 | k, p \rangle X_{p_1}^{(k_1)} Z_{p_2}^{(k_2)} \\
 &= \sum_P \mathcal{D}_{qP}^{(k)} T_{P0}^{(k)}
 \end{aligned}$$

### Wigner - Eckart

Often useful to calculate matrix elements of spherical tensors between angular momentum eigenstates

$$\langle \alpha'; j', m' | T_q^{(k)} | \alpha; j, m \rangle$$

↑ (Other q. numbers besides A.M.)

(For example, for coupling to EM field, radiation, etc...)

Wigner - Eckart:

$$\langle \alpha'; j', m' | T_q^{(k)} | \alpha; j, m \rangle = \underbrace{\langle j', m' | k, q; j, m \rangle}_{\text{only dependence on geometry}} \frac{\langle \alpha', j' || T^{(k)} || \alpha, j \rangle}{\sqrt{2j+1}}$$

where  $\langle \alpha', j' || T^{(k)} || \alpha, j \rangle$  is independent of  $m, q, m'$ .

Proof: Note recursion relations

$$\begin{aligned}
 &\langle j, m | J_\pm | j, m_1; j_2, m_2 \rangle \\
 &= \sqrt{(j \pm m)(j \mp m + 1)} \langle j, m \mp 1 | j, m_1; j_2, m_2 \rangle \\
 &= \sqrt{(j_1 \mp m_1)(j_1 \pm m_1 + 1)} \langle j, m | j_1, m_1 \pm 1; j_2, m_2 \rangle \\
 &\quad + \sqrt{(j_2 \mp m_2)(j_2 \pm m_2 + 1)} \langle j, m | j_1, m_1; j_2, m_2 \pm 1 \rangle
 \end{aligned}$$

same relation for matrix elements of  $T_q^{(k)}$ :

$$\begin{aligned}
 & \langle \alpha'; j', m' | J_{\pm} T_q^{(k)} | \alpha; j, m \rangle \\
 &= \sqrt{(j \pm m')(j' \mp m' + 1)} \langle \alpha'; j', m' | T_q^{(k)} | \alpha; j, m \rangle \\
 &= \sqrt{(k \mp q)(k \pm q + 1)} \langle \alpha'; j', m' | T_{q \pm 1}^{(k)} | \alpha; j, m \rangle \\
 &+ \sqrt{(j \mp m)(j \pm m + 1)} \langle \alpha'; j', m' | T_q^{(k)} | \alpha; j, m \pm 1 \rangle
 \end{aligned}$$

So theorem holds — solution of recursion eqns. unique up to a constant for each  $j, j', k$ .

Selection rules:

$$\begin{aligned}
 m' &= q + m. \\
 |j - q| &\leq j' \leq j + q.
 \end{aligned}$$

[tells us what kind of radiation from certain emissions, etc.]

Examples:

$k=0$ : scalar operator  $S = T_0^{(0)}$

$$\langle \alpha'; j', m' | S | \alpha; j, m \rangle = \delta_{jj'} \delta_{mm'} \frac{\langle \alpha'; j' || S || \alpha; j \rangle}{\sqrt{2j+1}}$$

$S$  cannot change  $j, m$ .

$k=1$ : Vector operator  $V_0, V_{\pm 1}$

selection rules:  $\Delta m = m' - m = 0, \pm 1$

$$\Delta j = j' - j = 0, \pm 1, \quad \text{can't have } j=j'=0.$$

$j=j', k=1$ :

Projection theorem

$$\langle \alpha'; j, m' | V_q | \alpha; j, m \rangle = \frac{\langle \alpha'; j, m | \mathbf{J} \cdot \mathbf{V} | \alpha; j, m \rangle}{\hbar^2 j(j+1)} \langle j, m' | J_q | j, m \rangle$$

where  $V_{\pm 1} = \mp \frac{1}{\sqrt{2}} (V_x \pm iV_y), \quad V_0 = V_z$

$$J_{\pm 1} = \mp \frac{1}{\sqrt{2}} (J_x \pm iJ_y) = \mp \frac{1}{\sqrt{2}} J_{\pm} \quad J_0 = J_z.$$

Proof

$$\langle \alpha'; j, m | \mathbf{J} \cdot \mathbf{V} | \alpha; j, m \rangle = \langle \alpha'; j, m | (J_0 V_0 + J_+ V_- + J_- V_+) | \alpha; j, m \rangle$$

$$= m \hbar \langle \alpha'; j, m | V_0 | \alpha; j, m \rangle$$

$$+ \frac{\hbar}{\sqrt{2}} \sqrt{(j+m)(j-m+1)} \langle \alpha'; j, m-1 | V_- | \alpha; j, m \rangle$$

$$- \frac{\hbar}{\sqrt{2}} \sqrt{(j-m)(j+m+1)} \langle \alpha'; j, m+1 | V_+ | \alpha; j, m \rangle$$

$$= C_j \langle \alpha'; j || V || \alpha; j \rangle \quad \text{by W.E.}$$

$C_j$  independent of  $V, \alpha, \alpha', j, m$  since  $\mathbf{J} \cdot \mathbf{V}$  scalar.  
by distinct

choose  $V = J, \alpha = \alpha'$

$$\begin{aligned} \langle \alpha; j, m | J^2 | \alpha; j, m \rangle &= C_j \langle \alpha'; j | \| J \| \alpha_j \rangle \\ &= \hbar^2 j(j+1) \end{aligned}$$

but

$$\frac{\langle \alpha'; j, m' | V_q | \alpha; j, m \rangle}{\langle \alpha; j, m' | J_q | \alpha; j, m \rangle} = \frac{\langle \alpha'; j | \| V \| \alpha_j \rangle}{\langle \alpha_j | \| J \| \alpha_j \rangle}$$

so

$$\langle \alpha'; j, m' | V_q | \alpha; j, m \rangle = \langle j, m' | J_q | j, m \rangle \frac{\langle \alpha'; j, m | J \cdot V | \alpha_j, m \rangle}{\hbar^2 j(j+1)}$$

□