#### Perception & Attitudes

- Perception of People and Situations
  - The 'Semantic Differential'
- What is an attitude?
- Relations among attitudes
- Formation of attitudes
- Changing of attitudes
  - 'Brainwashing'
    - Prisoners
    - Military Training
    - MIT
    - Industry

# Components of an Attitude

Cognitive

Affective

Behavioral

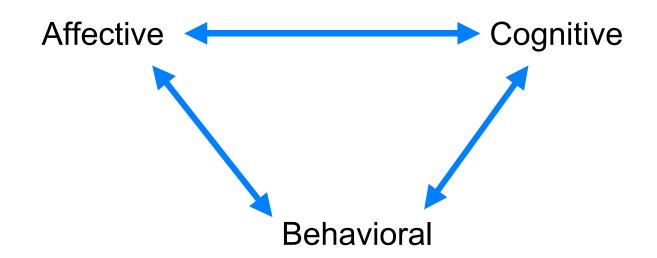
#### Balance

• We Prefer:

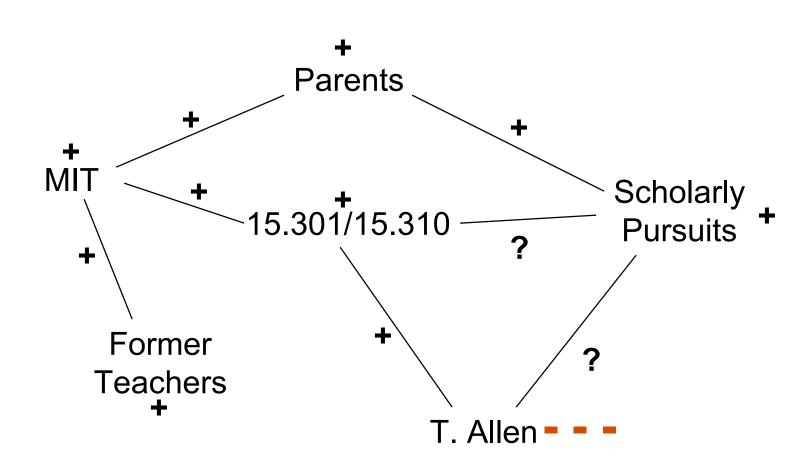
Among the components of an attitude

Among attitudes

## Components of an Attitude



## A Balancing Act



# Attitude Change

**Mechanisms:** 

**UNFREEZING** 

**CHANGING** 

REFREEZING

#### Mechanisms:

a) Lack of

# confirmation or

b) Induction of Guilt/Anxiety

disconfirmation

c) Creation of psychology safety, by reduction of threat or removal of barriers

a) Cognitive redefinition through:

> Identification (information from a single source)

ii) Screening information from several sources

#### **Mechanisms:**

- a) Integrating new responses into personality
- b) Integrating new responses into significant ongoing relationships through reconfirmation